



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Lemm, Carsten

Club: TuS Falke Berlebeck  
Number: 13632

Course: 13.00 km  
Nordic Walking

Total time: 1:46:06

Speed: 7.35 km/h

metres in height up: 180  
Course score: 15.70

performance score: 115 Points