



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Freisfeld, Nicole

Club: Lauftreff Herbede
Number: 13637

Course: 13.00 km
Nordic Walking

Total time: 1:47:50

Speed: 7.23 km/h

metres in height up: 180
Course score: 15.70

performance score: 114 Points