



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Kirsch, Helga

Club: TuS Lendringsen

Number: 13622

Course: 13.00 km

Nordic Walking

Total time: 1:51:44

Speed: 6.98 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points