



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Knott, Karl-Heinz

Club: SV Herbern
Number: 13564

Course: 13.00 km
Nordic Walking

Total time: 1:53:02

Speed: 6.90 km/h

metres in height up: 180
Course score: 15.70

performance score: 108 Points