



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Rehms-Westerfeld, Helga

Club: wt-soest  
Number: 13544

Course: 13.00 km  
Nordic Walking

Total time: 1:56:09

Speed: 6.72 km/h

metres in height up: 180  
Course score: 15.70

performance score: 106 Points