



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Lander, Petra

Club: Jammern nützt nichts  
Number: 13535

Course: 13.00 km  
Nordic Walking

Total time: 1:57:40

Speed: 6.63 km/h

metres in height up: 180  
Course score: 15.70

performance score: 104 Points