



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Wormuth, Ingrid

Club: Sendener Walking-Mäuse
Number: 13529

Course: 13.00 km
Nordic Walking

Total time: 2:00:16

Speed: 6.49 km/h

metres in height up: 180
Course score: 15.70

performance score: 102 Points