



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Schulz-Awender, Dieter

Club: Post SV Buer
Number: 13559

Course: 13.00 km
Nordic Walking

Total time: 2:01:00

Speed: 6.45 km/h

metres in height up: 180
Course score: 15.70

performance score: 101 Points