



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Lange, Uwe-Dieter

Club: BSG DSW21/DEW21  
Number: 13551

Course: 13.00 km  
Nordic Walking

Total time: 2:05:45

Speed: 6.20 km/h

metres in height up: 180  
Course score: 15.70

performance score: 97 Points