



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Heiligert, Konny

Club: Post SV Buer  
Number: 13592

Course: 13.00 km  
Nordic Walking

Total time: 2:07:34

Speed: 6.11 km/h

metres in height up: 180  
Course score: 15.70

performance score: 96 Points