



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Frevel, Andreas

Club: SpVg Rinsdorf  
Number: 20542

Course: 20.00 km  
Nordic Walking

Total time: 2:17:52

Speed: 8.70 km/h

metres in height up: 300  
Course score: 24.50

performance score: 213 Points