



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

**Sieger, Heike**

Club: Jammern nützt nichts  
Number: 13545

Course: 13.00 km  
Nordic Walking

Total time: 2:09:11

Speed: 6.04 km/h

metres in height up: 180  
Course score: 15.70

performance score: 95 Points