



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Hermes, Bettina

Club: LG Halver-Schalksmühle  
Number: 13626

Course: 13.00 km  
Nordic Walking

Total time: 2:16:02

Speed: 5.73 km/h

metres in height up: 180  
Course score: 15.70

performance score: 90 Points