



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Heilgenpahl, Michael

Club: BSG Stadtwerke Duisburg AG

Number: 20033

Course: 20.00 km

Walking

Total time: 2:31:18

Speed: 7.93 km/h

metres in height up: 300

Course score: 24.50

performance score: 194 Points