



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Herweg, Rudolf

Club: LT Siebengebirge

Number: 20538

Course: 20.00 km

Nordic Walking

Total time: 2:26:31

Speed: 8.19 km/h

metres in height up: 300

Course score: 24.50

performance score: 201 Points