



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5513

Course: 5.00 km

Nordic Walking

Total time: 42:18

Speed: 7.09 km/h

metres in height up: 99

Course score: 6.49

performance score: 46 Points