



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Gitzen, Margit

Club: Team NRW
Number: 20552

Course: 20.00 km
Nordic Walking

Total time: 2:29:44

Speed: 8.01 km/h

metres in height up: 300
Course score: 24.50

performance score: 196 Points