



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum

Number: 20533

Course: 20.00 km

Nordic Walking

Total time: 2:32:33

Speed: 7.87 km/h

metres in height up: 300

Course score: 24.50

performance score: 193 Points