



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Wendholt, Gerold

Number: 20524

Course: 20.00 km

Nordic Walking

Total time: 2:34:57

Speed: 7.74 km/h

metres in height up: 300

Course score: 24.50

performance score: 190 Points