



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 20022

Course: 20.00 km

Walking

Total time: 2:41:38

Speed: 7.42 km/h

metres in height up: 300

Course score: 24.50

performance score: 182 Points