



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Conrad, Horst

Club: Hamm
Number: 20555

Course: 20.00 km
Nordic Walking

Total time: 2:46:35

Speed: 7.20 km/h

metres in height up: 300
Course score: 24.50

performance score: 176 Points