



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Beier, Rudolf

Club: Distel-Walker  
Number: 20519

Course: 20.00 km  
Nordic Walking

Total time: 2:46:39

Speed: 7.20 km/h

metres in height up: 300  
Course score: 24.50

performance score: 176 Points