



7. Walk in Herne  
Herne-Sodingen / 18.03.2012

Detailed evaluation

Sperlich, Friedhelm

Club: Bickern  
Number: 7004

Course: 7.00 km

Sportabzeichen Walking

Total time: 48:54

Speed: 8.59 km/h

metres in height up: 119  
Course score: 8.79

performance score: 75 Points