



7. Walk in Herne
Herne-Sodingen / 18.03.2012

Detailed evaluation

Knuff, Gisela

Club: Sg Ennepetal
Number: 5577

Course: 5.00 km
Nordic Walking

Total time: 46:15

Speed: 6.49 km/h

metres in height up: 99
Course score: 6.49

performance score: 42 Points