



Winterlaufserie 2012, 3. Lauf  
Creuzburg / 25.03.2012

Detailed evaluation

Pflüger, Claudia

Club: Team Q

Number: 86

Course: 5.50 km

Kurzdistanz

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 28:07

Speed: 11.74 km/h

Running performance: 5:07 min/km

Rank in course/Total: 11 (of 26)

Rank in course/Women: 1 (of 7)

Best time in course: 28:07

Rank in category: 1(of 2)

Best time in the category: 28:07