



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Helbig, H.-Peter

Club: Stedtfelder Rennsteigfreunde
Number: 81

Course: 5.50 km
Kurzdistanz

Category:
Senioren M65 (65-69 Jahre)

Total time: 31:00

Speed: 10.65 km/h
Running performance: 5:38 min/km

Rank in course/Total: 19 (of 26)

Rank in course/Men: 16 (of 19)

Best time in course: 20:14

Rank in category: 2(of 3)

Best time in the category: 30:13