



Winterlaufserie 2012, 3. Lauf  
Creuzburg / 25.03.2012

Detailed evaluation

Teuteberg, Alexander

Club: Wolfsburg Unkeroda  
Number: 84

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 33:37

Speed: 8.92 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 23 (of 26)

Rank in course/Men: 17 (of 19)

Best time in course: 20:14

Rank in category: 3(of 3)

Best time in the category: 27:29