



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

DESJARDINS, Rene

Club: VC Marksuhl

Number: 89

Course: 5.50 km

Kurzdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:08

Speed: 12.97 km/h

Running performance: 4:13 min/km

Rank in course/Total: 3 (of 26)

Rank in course/Men: 3 (of 19)

Best time in course: 20:14

Rank in category: 2(of 3)

Best time in the category: 20:27