



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Hesse, Uwe

Club: Runingclinic

Number: 515

Course: 11.30 km

Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 44:45

Speed: 15.15 km/h

Running performance: 3:58 min/km

Rank in course/Total: 12 (of 68)

Rank in course/Men: 12 (of 54)

Best time in course: 36:48

Rank in category: 2(of 6)

Best time in the category: 43:51