



Winterlaufserie 2012, 3. Lauf  
Creuzburg / 25.03.2012

Detailed evaluation

**Baumgärtel, Jens**

Club: Nohra  
Number: 509

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 50:24

Speed: 13.45 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 28 (of 68)

Rank in course/Men: 28 (of 54)

Best time in course: 36:48

Rank in category: 3(of 6)

Best time in the category: 43:51