



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt
Number: 490

Course: 11.30 km
Langdistanz

Category:
Senioren M60 (60-64 Jahre)

Total time: 52:31

Speed: 12.57 km/h
Running performance: 4:39 min/km

Rank in course/Total: 36 (of 68)

Rank in course/Men: 36 (of 54)

Best time in course: 36:48

Rank in category: 3(of 4)

Best time in the category: 52:07