



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Grosch, Hartmut

Club: Philippsthal
Number: 500

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:35

Speed: 12.55 km/h
Running performance: 4:39 min/km

Rank in course/Total: 37 (of 68)

Rank in course/Men: 37 (of 54)

Best time in course: 36:48

Rank in category: 4(of 6)

Best time in the category: 43:51