



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

ernst, beate

Club: Sonntagsläufer Tambach-Dietharz
Number: 495

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 52:40

Speed: 12.87 km/h
Running performance: 4:40 min/km

Rank in course/Total: 38 (of 68)

Rank in course/Women: 1 (of 14)

Best time in course: 52:40

Rank in category: 1(of 4)

Best time in the category: 52:40