



Winterlaufserie 2012, 3. Lauf  
Creuzburg / 25.03.2012

Detailed evaluation

Henning, Jürgen

Club: SBVGG Faulungen  
Number: 519

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 53:11

Speed: 12.41 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 39 (of 68)

Rank in course/Men: 38 (of 54)

Best time in course: 36:48

Rank in category: 5(of 6)

Best time in the category: 43:51