



Winterlaufserie 2012, 3. Lauf  
Creuzburg / 25.03.2012

Detailed evaluation

Rathgeber, Ronny

Club: SV Normania Treffurt  
Number: 475

Course: 11.30 km  
Langdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 53:47

Speed: 12.61 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 40 (of 68)

Rank in course/Men: 39 (of 54)

Best time in course: 36:48

Rank in category: 9(of 11)

Best time in the category: 42:49