



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Wölfel, Roland

Club: Stedtfelder Rennsteigfreunde 1979
Number: 516

Course: 11.30 km
Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 55:25

Speed: 11.91 km/h
Running performance: 4:54 min/km

Rank in course/Total: 43 (of 68)

Rank in course/Men: 41 (of 54)

Best time in course: 36:48

Rank in category: 2(of 3)

Best time in the category: 48:44