



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Heinrich, Matthias

Club: BOSCH

Number: 535

Course: 11.30 km

Langdistanz

Category:

Senioren M55 (55-59 Jahre)

Total time: 56:03

Speed: 11.78 km/h

Running performance: 4:58 min/km

Rank in course/Total: 45 (of 68)

Rank in course/Men: 42 (of 54)

Best time in course: 36:48

Rank in category: 3(of 3)

Best time in the category: 48:44