



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Spatzek, Alexander

Club: Ergoldsbach

Number: 501

Course: 11.30 km

Langdistanz

Category:

Männer (20-29 Jahre)

Total time: 56:10

Speed: 11.75 km/h

Running performance: 4:58 min/km

Rank in course/Total: 46 (of 68)

Rank in course/Men: 43 (of 54)

Best time in course: 36:48

Rank in category: 6(of 6)

Best time in the category: 36:48