



Winterlaufserie 2012, 3. Lauf  
Creuzburg / 25.03.2012

Detailed evaluation

Michl, Ramona

Club: Sportteam Steinbach Meiningen  
Number: 504

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 57:18

Speed: 11.52 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 48 (of 68)  
Rank in course/Women: 4 (of 14)  
Best time in course: 52:40

Rank in category: 2(of 3)  
Best time in the category: 55:59