



Winterlaufserie 2012, 3. Lauf
Creuzburg / 25.03.2012

Detailed evaluation

Patzenhauer, Holger

Club: SV Blau-Weiß 90 Creuzburg
Number: 533

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:53

Speed: 11.40 km/h
Running performance: 5:07 min/km

Rank in course/Total: 52 (of 68)

Rank in course/Men: 46 (of 54)

Best time in course: 36:48

Rank in category: 7(of 8)

Best time in the category: 46:04