



## 4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

### Detailed evaluation

Schade, Andreas

Club: Nordhausen

Number: 148

Course: 14.00 km

Steigerschleife

Category:

Männer M40

Total time: 1:07:10

Speed: 12.51 km/h

Running performance: 4:48 min/km

Rank in course/Total: 8 (of 70)

Rank in course/Men: 8 (of 64)

Best time in course: 57:04

Rank in category: 2(of 9)

Best time in the category: 1:01:53