



## 4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

### Detailed evaluation

#### Portwig, Ansgo

Club: Goslar  
Number: 135

Course: 14.00 km  
Steigerschleife

Category:  
Männer M55

Total time: 1:07:39

Speed: 12.42 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 9 (of 70)

Rank in course/Men: 9 (of 64)

Best time in course: 57:04

Rank in category: 1(of 3)

Best time in the category: 1:07:39