



## 4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

### Detailed evaluation

**Grauert, Helmut**

Club: Blau-Weiß Hettstedt  
Number: 159

Course: 14.00 km  
Steigerschleife

Category:  
Männer M55

Total time: 1:11:02

Speed: 11.83 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 12 (of 70)

Rank in course/Men: 12 (of 64)

Best time in course: 57:04

Rank in category: 2(of 3)

Best time in the category: 1:07:39