



4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

Detailed evaluation

Pöse, Jörg

Club: Fit & Geschickt

Number: 128

Course: 14.00 km

Steigerschleife

Category:

Männer M50

Total time: 1:17:05

Speed: 10.90 km/h

Running performance: 5:31 min/km

Rank in course/Total: 22 (of 70)

Rank in course/Men: 22 (of 64)

Best time in course: 57:04

Rank in category: 3(of 11)

Best time in the category: 1:11:17