



4. Lauf Rund um das Schaubergwerk Röhrigschacht  
Sangerhausen / 31.03.2012

Detailed evaluation

Friedling, Heiko

Club: Eisleben  
Number: 208

Course: 6.00 km  
Buschklepper

Category:  
Männer M40

Total time: 37:16

Speed: 9.66 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 23 (of 34)

Rank in course/Men: 16 (of 20)

Best time in course: 23:50

Rank in category: 3(of 3)

Best time in the category: 32:05