



## 4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

### Detailed evaluation

**Michael, Frank**

Club: Sangerhausen

Number: 108

Course: 14.00 km

Steigerschleife

Category:

Männer M20

Total time: 1:26:03

Speed: 9.76 km/h

Running performance: 6:09 min/km

Rank in course/Total: 48 (of 70)

Rank in course/Men: 45 (of 64)

Best time in course: 57:04

Rank in category: 9(of 13)

Best time in the category: 57:04