



4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

Detailed evaluation

Holze, Ralf

Club: FAC Sangerhausen
Number: 155

Course: 14.00 km
Steigerschleife

Category:
Männer M45

Total time: 1:34:01

Speed: 8.93 km/h
Running performance: 6:43 min/km

Rank in course/Total: 62 (of 70)

Rank in course/Men: 57 (of 64)

Best time in course: 57:04

Rank in category: 9(of 10)

Best time in the category: 1:02:56