



4. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 31.03.2012

Detailed evaluation

Förster, Jürgen

Club: Hettstedt

Number: 556

Course: 14.00 km

Nordic Walking/ Wandern lang

Category:

Männer

Total time: 2:11:30

Speed: 6.39 km/h

Running performance: 9:23 min/km

Rank in course/Total: 3 (of 19)

Rank in course/Men: 3 (of 9)

Best time in course: 2:05:39

Rank in category: 3(of 9)

Best time in the category: 2:05:39