



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Theeg, Katrin

Club: SV Emsetal

Number: 4

Course: 9.30 km

Kurze Strecke

Category:

Frauen W45

Total time: 46:46

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 118 (of 307)

Rank in course/Women: 12 (of 84)

Best time in course: 36:39

Rank in category: 6(of 19)

Best time in the category: 42:36