



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Jesche, Silvo

Club: sc impuls erfurt e.V.  
Number: 80

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 46:49

Speed: 11.53 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 122 (of 307)

Rank in course/Men: 108 (of 223)

Best time in course: 32:03

Rank in category: 15(of 32)

Best time in the category: 35:48